



PZERO® Restaurant & Lounge Bar

MENU

Starters, Snacks, Salads, Sandwiches & Omelettes

STARTERS

Couvert (per person)	60 STN (€2.40)
<i>Toasted bread with a drizzle of olive oil, butter and olives</i>	
Tuna Bruschetta	150 STN (€6)
<i>Marinated tuna with tomato, onion, lemon, bell pepper, garlic, Worcestershire sauce and parsley or coriander</i>	
Tuna Pâté with Toast	100 STN (€4)
<i>Tuna, onion, lemon and mayonnaise</i>	
Garlic Bread	100 STN (€4)
<i>Toasted bread with garlic butter</i>	
Soup of the Day	100 STN (€4)
Fish Soup	120 STN (€4.80)
Seafood Soup	200 STN (€8)

SNACKS & SHARING

Popcorn Chicken	180 STN (€7.20)
<i>Breaded chicken breast bites</i>	
Garlic Prawns	300 STN (€12)
Flame-grilled Chouriço	200 STN (€8)
Chouriço with Onions	250 STN (€10)
Sautéed Chicken Hearts	120 STN (€4.80)
Sea Snails ★	180 STN (€7.20)
Land Snails ★	180 STN (€7.20)
Masponbo ★	150 STN (€6)
Pork “Pica-Pau” (sautéed bites)	180 STN (€7.20)
Fish “Pica-Pau” (sautéed bites)	180 STN (€7.20)
Crispy Chicken Wings	180 STN (€7.20)
Chicken Gizzards	150 STN (€6)
Fried Cuttlefish	200 STN (€8)

★ *Local speciality — Taste of São Tomé*

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SALADS

Octopus Salad	200 STN (€8)
<i>Octopus, lettuce, tomato and onion, dressed with olive oil and lemon</i>	
Tuna Salad	200 STN (€8)
<i>Sautéed tuna, lettuce, tomato, onion and olive oil</i>	
Chicken Salad	200 STN (€8)
<i>Sautéed diced chicken, lettuce, tomato, onion and apple</i>	
PZERO Salad	200 STN (€8)
<i>Sautéed fresh tuna, lettuce, tomato, onion, sweetcorn and soy sauce</i>	

SANDWICHES

Ham & Cheese Toastie	85 STN (€3.40)
Cheese or Ham Toastie	80 STN (€3.20)
Ham & Cheese Sandwich	85 STN (€3.40)
Cheese or Ham Sandwich	80 STN (€3.20)
Cured Ham Sandwich	180 STN (€7.20)
Grilled Chicken Sandwich	180 STN (€7.20)
Bifana — Marinated Pork Steak Roll	200 STN (€8)
Prego — Beef Steak Roll	250 STN (€10)
<i>Served with a fried egg</i>	

OMELETTES

Plain Omelette	100 STN (€4)
Vegetable Omelette	120 STN (€4.80)
Ham & Cheese Omelette	150 STN (€6)
Omelette with Everything	175 STN (€7)

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Main Courses

MEAT

Chicken "Bitoque"	280 STN (€11.20)
<i>Chicken breast, rice, egg, fries or fried plantain and salad</i>	
Chicken Stroganoff	250 STN (€10)
<i>Chicken in cream sauce, rice, shoestring potatoes and salad</i>	
House Grilled Chicken	280 STN (€11.20)
<i>Grilled chicken with fries or fried plantain</i>	
Beef Steak	400 STN (€16)
<i>Grilled steak with rice, fries or fried plantain and salad</i>	
Mixed Grill	1 person: 400 STN (€16) 2 people: 600 STN (€24)
<i>Three grilled meats, linguiça sausage, rice, black beans, fries or fried plantain and salad</i>	
Surf & Turf Mixed Grill	1 person: 450 STN (€18) 2 people: 700 STN (€28)
<i>Three grilled meats, linguiça sausage, fish, seafood, rice, black beans, fries or fried plantain and salad</i>	
Grilled Pork Chop	300 STN (€12)
<i>Loin or neck chop with rice, fries or fried plantain and salad</i>	
Spaghetti Bolognese	280 STN (€11.20)
<i>Spaghetti with minced beef and tomato sauce</i>	
Spaghetti Carbonara	280 STN (€11.20)
<i>Spaghetti with cream, chicken, mushrooms and bacon</i>	
Pork "Bitoque"	280 STN (€11.20)
<i>Pork steak, rice, fries or fried plantain and salad</i>	
Bifana Plate	280 STN (€11.20)
<i>Thin marinated pork steak, rice, fries or fried plantain and salad</i>	
Suriname Fried Rice	350 STN (€14)
<i>Chicken breast, prawns, beef, Chinese vegetables, chouriço, scrambled egg and soy sauce</i>	

FISH

House Grilled Fish	300 STN (€12)
<i>Fish of the season with vegetables or fried plantain and salad</i>	
Seared Tuna	350 STN (€14)
<i>Griddled tuna with pepper, onion, garlic, tomato, avocado, orange slices and coriander or parsley, served with breadfruit purée</i>	
Grilled Fish Fillet with Lemon	350 STN (€14)
<i>Fish of the season with lemon sauce and fries</i>	
Fish & Prawn Skewer	350 STN (€14)
<i>Fish, prawns and vegetables with fries or fried plantain and salad</i>	
PZERO Seafood Rice	1 person: 400 STN (€16) 2 people: 600 STN (€24)
<i>Assorted seafood, fish, tomato and coriander</i>	
Octopus "à Lagareiro"	350 STN (€14)
<i>Roasted octopus, smashed potatoes or vegetables, garlic and olive oil</i>	
PZERO Fish Pasta Stew	300 STN (€12)
<i>Fish, prawns, elbow pasta, vegetables, white wine sauce and local spices</i>	

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BURGERS

Chef's Burger in a Bun	250 STN (€10)
<i>Burger bun, beef patty, egg, ham, cheese, sauces and fries</i>	
Chef's Burger Plate	200 STN (€8)
<i>House burger, special sauce, fries and salad</i>	

PIZZAS

Margherita Pizza	235 STN (€9.40)
<i>Tomato sauce, mozzarella, sliced tomato and oregano</i>	
Chouriço Pizza	250 STN (€10)
<i>Tomato sauce, cheese, chouriço, sweetcorn and bell pepper</i>	
Hawaiian Pizza	250 STN (€10)
<i>Tomato sauce, ham, mozzarella, pineapple, olives, mushrooms and sweetcorn</i>	
Chicken Pizza	250 STN (€10)
<i>Tomato sauce, chicken, sweetcorn, bell pepper and oregano</i>	
Tuna Pizza	250 STN (€10)
<i>Tomato sauce, tuna, sweetcorn, bell pepper and oregano</i>	
PZERO Pizza	350 STN (€14)
<i>House sauce, mozzarella, minced beef, sweetcorn, mushrooms, bell pepper, olives and oregano</i>	
Half & Half Pizza	350 STN (€14)
<i>Two flavours of your choice, half and half</i>	

DESSERTS

House Crêpe	100 STN (€4)
Seasonal Fruit Plate	125 STN (€5)
Dessert of the Day	150 STN (€6)
Chocolate Mousse	150 STN (€6)
Lemon Mousse	150 STN (€6)

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DRINKS

Beers, wines, spirits and liqueurs

BEERS & CIDER

Super Bock 33 cl.....	55 STN (€2.20)
Super Bock Mini 20 cl.....	40 STN (€1.60)
Sagres 33 cl.....	55 STN (€2.20)
Sagres Mini 20 cl.....	40 STN (€1.60)
Tagus 33 cl.....	55 STN (€2.20)
Carlsberg 25 cl.....	55 STN (€2.20)
Heineken 33 cl.....	60 STN (€2.40)
Rosema 33 cl.....	50 STN (€2)
Green 33 cl.....	40 STN (€1.60)
Somersby Cider 33 cl.....	60 STN (€2.40)

WINES

Wine by the Glass.....	80 STN (€3.20)
Red / White "Monte Pinheiro - Cartuxa" (Alentejo).....	350 STN (€14)
Red "Pêra Doce" (Alentejo).....	350 STN (€14)
Red / White "Lolita" (Douro).....	350 STN (€14)
Red / White "Cabriz" (Dão).....	450 STN (€18)
Red / White "Alves Vieira" (Alentejo).....	450 STN (€18)
Red "Reguengos Reserva" (Alentejo).....	650 STN (€26)
Red "Cabriz Reserva" (Dão).....	650 STN (€26)
Rosé Wine.....	300 STN (€12)
Bar Royal Sparkling Wine.....	400 STN (€16)

WHISKIES

Red Label.....	180 STN (€7.20)
Black Label.....	250 STN (€10)
Old Parr.....	300 STN (€12)
Standard Whisky.....	180 STN (€7.20)
Aged Whisky (12 years).....	250 STN (€10)

VODKA, GIN & RUM

Vodka Cîroc.....	280 STN (€11.20)
Gin Bombay Sapphire.....	280 STN (€11.20)
Bacardi Rum.....	300 STN (€12)

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BRANDIES & SPIRITS

Cachaça 51.....	150 STN (€6)
Cognac.....	250 STN (€10)
Macieira Brandy.....	180 STN (€7.20)
CRF Brandy.....	200 STN (€8)
Fim de Século Brandy.....	200 STN (€8)
São Domingos Brandy.....	100 STN (€4)

BOTTLES

CRF Brandy (bottle).....	2,000 STN (€80)
Black Label (bottle).....	2,500 STN (€100)
Cognac (bottle).....	3,500 STN (€140)
French Champagne (bottle).....	on request

LIQUEURS & APERITIFS

Amarula.....	180 STN (€7.20)
Amarula with Coffee.....	200 STN (€8)
Baileys.....	180 STN (€7.20)
Licor Beirão.....	180 STN (€7.20)
Coffee Liqueur.....	100 STN (€4)
Port Wine.....	100 STN (€4)
Martini.....	125 STN (€5)
Bitter Almond Liqueur.....	100 STN (€4)
Vanilla Rum.....	120 STN (€4.80)

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DRINKS

Cocktails, hot drinks, water, juices and soft drinks

COCKTAILS & LONG DRINKS

Lime Caipirinha	150 STN (€6)
<i>Cachaça, lime and sugar</i>	
Passion Fruit Caipirinha	180 STN (€7.20)
<i>Cachaça, passion fruit and sugar</i>	
Coffee Caipirinha	180 STN (€7.20)
<i>Cachaça, lime and coffee</i>	
Caipiroska	180 STN (€7.20)
<i>Vodka, lime and sugar</i>	
Mojito	150 STN (€6)
<i>Rum, mint, lime, sugar and soda water</i>	
Gin & Tonic	200 STN (€8)
Negroni	150 STN (€6)
<i>Gin, Campari and Martini Rosso</i>	
Cuba Libre	150 STN (€6)
<i>Rum, Coca-Cola and lime</i>	
Vodka Orange	150 STN (€6)
<i>Vodka and orange juice</i>	
Port & Tonic	150 STN (€6)
<i>Port wine and tonic water</i>	
Mimosa	150 STN (€6)
<i>Sparkling wine and orange juice</i>	
Violet Cocktail	150 STN (€6)
<i>Vodka, Blue Curaçao, grenadine and lemon</i>	
Lady Di Cocktail	150 STN (€6)
<i>Vodka, fruit juice and lemon</i>	
Green PZERO Cocktail	200 STN (€8)
<i>Gin, Pisang Ambon and lemon</i>	
Zuinna Blue Cocktail	200 STN (€8)
<i>Tequila, Blue Curaçao, lemon and red berries</i>	
Renner Cocktail	180 STN (€7.20)
<i>Port wine, condensed milk and lemon or passion fruit</i>	
Daiquiri	200 STN (€8)
<i>Rum, frozen fruit and orange juice</i>	
Virgin Daiquiri (alcohol-free)	150 STN (€6)
<i>Frozen fruit and orange juice</i>	
Irish Coffee	150 STN (€6)
<i>Coffee, whiskey, sugar and whipped cream</i>	

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SANGRIAS

Red / White Sangria 1 L.....	300 STN (€12)
Red / White Sangria 1.5 L.....	400 STN (€16)
Sparkling Sangria 1 L.....	400 STN (€16)
Sparkling Sangria 1.5 L.....	500 STN (€20)
Blue PZERO Sangria 1 L.....	400 STN (€16)
<i>Sparkling wine, Blue Curaçao, strawberries and/or red berries</i>	
Summer Wine (Red or White).....	150 STN (€6)
<i>Wine, red berries, lemon and Sprite</i>	

HOT DRINKS

Espresso.....	40 STN (€1.60)
Espresso with a Dash of Brandy.....	50 STN (€2)
Weak Espresso (Carioca).....	35 STN (€1.40)
Decaf.....	40 STN (€1.60)
Americano.....	50 STN (€2)
Cappuccino.....	55 STN (€2.20)
Coffee with Milk.....	45 STN (€1.80)
Galão (Latte in a Glass).....	45 STN (€1.80)
Strong Galão.....	55 STN (€2.20)
Glass of Milk.....	30 STN (€1.20)
Chocolate Milk.....	35 STN (€1.40)
Tea.....	30 STN (€1.20)
Local Herbal Tea.....	25 STN (€1)

WATER, JUICES & SOFT DRINKS

Water 0.5 L.....	30 STN (€1.20)
Water 1.5 L.....	45 STN (€1.80)
Pedras Sparkling Water.....	35 STN (€1.40)
Tonic Water.....	55 STN (€2.20)
Coconut Water.....	25 STN (€1)
Coconut Shake.....	50 STN (€2)
Fresh Juices.....	100 STN (€4)
Lemonade.....	100 STN (€4)
Coca-Cola.....	45 STN (€1.80)
Sprite / 7UP.....	45 STN (€1.80)
Juice (can).....	45 STN (€1.80)
Compal.....	45 STN (€1.80)
Ice Tea.....	45 STN (€1.80)
Guaraná.....	50 STN (€2)

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DIGITAL MENU

Scan the code with your phone camera to open the menu in your language.



Português

www.hotelpzero.com/menu/menu-pt.pdf



English

www.hotelpzero.com/menu/menu-en.pdf



Français

www.hotelpzero.com/menu/menu-fr.pdf



Español

www.hotelpzero.com/menu/menu-es.pdf

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